4—A Very Present Help

2/2/24

INTRO:

→ Psalms 121

I lift up my eyes to the mountains—
from where will my help come?
My help is from Yahweh,
who makes the heavens and the earth.
He will not allow your foot to be moved—
he who keeps you will not slumber;
behold, he who keeps Israel
will neither slumber nor sleep.

→ Yahweh is your keeper—

Yawheh is your shade upon your right hand; the sun will not smite you by day, nor the moon by night.

Yahweh will keep you from all evil—he will keep your soul;

Yahweh will keep your coming and going both now and forevermore.

II. Genesis 2:18

The Lord God said, "It is not good for the man to be alone. I will make a **helper** suitable for him."

III. 1 Samuel 7:12

Then Samuel took a stone and set it up between Mizpah and Shen. He named it **Ebenezer**, saying, "Thus far the Lord has helped us."

BODY:

I. When We Lack Wisdom

I lift up my eyes to the mountains from where will my help come? My help is from Yahweh, who makes the heavens and the earth.

- A. The Lord helps us when we do not know what to do.
 - 1) **Romans 8:26-27**

In the same way, the Spirit **helps** us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans.

- 2) LEARNING HOW TO PLAY CHESS
- B. We don't need artificial intelligence we need the real thing.
 - 1) **James 1:5**

If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.

2) AIR TRAFFIC CONTROLLER MISSING THE INSTRUCTIONS

II. When We Lack Wherewithal

he who keeps you will not slumber; behold, he who keeps Israel will neither slumber nor sleep.

- A. God helps us when the problem is just too big.
 - 1) **Isaiah 41:10**

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and **help** you; I will uphold you with my righteous right hand.

- 2) "GOD WORKS THE NIGHT SHIFT"—RON MEHL
- B. Not everything we have to say really brings help.
 - 1) **Ephesians 3:16-17**

I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith.

2) JOB'S FRIENDS—DID NOT HELP Job's question why—Harold Kurshner

II. When We Lack Will

YAHWEH will keep you from all evil he will keep your **soul**; Yahweh will keep your coming and going both now and forevermore.

- A. Sometimes what we lack is the will to keep going.
 - 1) Mark 14:38

Watch and pray so that you will not fall into temptation. The spirit is **willing**, but the flesh is **weak**."

- 2) LOUIS PRIMA MEDALY
- B. Whatever it is you lack you can find it in Him.
 - 1) **Psalms 46:1-2**

God is our refuge and strength, a **very present help** in trouble. Therefore will not we fear, though the earth be removed, and though the mountains be carried into the midst of the sea.

2) SUNRISE IN THE GOAT ROCKS

me'im sha**m**ayi**m** (from the heavens) **m**e'atah v'ad ola**m** (from now and foremermore)